



## 2017 PHOTOJOURNAL SOLGLYT LODGE #4-143

Solglyt Lodge  
4 - 143



SONS OF NORWAY

www.sofnedmonton.ca

SUBMITTED BY BRENDA CARLSTAD, PUBLICITY DIRECTOR  
SUPPORTING DOCUMENT FOR LODGE ACHIEVEMENT REPORT  
SOCIAL MEDIA:

[www.sofnedmonton.ca](http://www.sofnedmonton.ca) - our website that highlights current events and Lodge newsletters, complete with Lodge history, general information, and links relevant other organizations.

<http://sofnedmonton.ca/index.php/photos> - this is a link to Solglyt's Flickr photographs which are regularly updated and which showcase Lodge activities. These are open to the public, not restricted, and thus names are not included.

<https://www.facebook.com/SonsofNorwayEdmontonSolglytLodge/> - open to the public where events are advertised and shared.



Each meeting all three flags are displayed: Canada, Norway and United States.

The information presented in this 'photo journal' portrays some of the activities that we undertake at Solglyt. We are also proud that many members of Solglyt play key roles in other Scandinavian related organizations and these too have been mentioned. We believe that Sons of Norway is well represented in the Edmonton community, and encompasses surrounding communities.



Installation by District Zone Director Alison Wiigs with Peter Myhre, President, and other Board Members.



**Lutefisk Dinners** - Traditional bunads are worn for the big January event. People from all over metro Edmonton attend this annual 'experience' – Ja for Lutefisk!

2017 Donation: *New Underwear for Men & Women.* Each year we donate to local community charities and keep it interesting by a request for a different type of article each year.



Northern Alberta Norwegian Honorary Consul, Bjørn Morisbak and our own special Birkebeiners participate in the Canadian Birkebeiner. The registration desk is also manned by a proud Solglyt member (check out the shirt)! The past Chairmen/President of the Alberta division of the Birkebeiner, who is still very active in the Edmonton Birkebeiner event, is a Lodge member.



Members participate in the cultural and fun part of the meetings – eg. writing and acting out stories featuring people like “Sven”. In 2017, we had small groups organizing the meeting – providing the snacks, making coffee (and clean-up) and culture and / or entertainment portion of the meetings. A good way for members to ‘learn’ just a little bit more about each other.



Solglyt members participate in Sports Weekend each year where lodges from across Alberta and Saskatchewan meet for sports, card games, board games, entertainment and goodwill.

Members walking at Sports Weekend – a great opportunity to meet up with acquaintances and develop new friendships. This unique Zone 4 Sports Weekend has been going steady for more than 40 years!





Tradition reigns supreme on *17.mai*: speeches, parade, good food. The event is advertised in our major newspaper and many people, who are not members, attend in order to celebrate their special holiday.

An annual BBQ held in June – we generally brave the rain! This is a potluck enjoyed by all.



**Servus Heritage Days – Scandinavian Heritage Society of Edmonton** - Participation of many Solglyt members ensures our Scandinavian tent is a success. Efforts include preparation of Norwegian 'riskrem', participation in Scandinavian food workshops, sale of food and drinks, greeting thousands of people (Food, Pop & Culture Tents). Norway and Sons of Norway continues to be promoted. Children of Sons of Norway members are their own mini members of the Valhalla Junior Scandinavian Folkdancers. The President of the Scandinavian Heritage Society of Edmonton is a Solglyt Lodge member. Each Edmonton Scandinavian/Nordic society provides six delegates to comprise the planning teams for this annual event, and rely on many more volunteers, to produce a first class experience to festivalgoers.



**Trollhaugen Language Arts & Culture Camp**

A summer camp that promotes and preserves Norwegian heritage through history, crafts, traditional skills and culture classes. Children and teens are grouped into classes. Several Solglyt members are integral to the overwhelming success of this Alberta camp by providing the best possible experience to the campers, a testament to their vast experience, and of course, hundreds of volunteer hours.



**Lefse Bee** (Lefsepalooza) where members prepare lefse from 'scratch' to sell as a fundraiser for the Lodge at the Edmonton Scandinavian Christmas Market. Watch out for big sticks! The Edmonton Scandinavian Centre Association facilitates the Sons of Norway meeting and entertainment spaces, as well as for the other five Scandinavian/Nordic societies in Edmonton.



Following the **Lefsepalooza**, our Lodge sells the Lefse and members also work in the lunch kitchen selling food items such as open-faced sandwiches. We also have a presence at this Market by selling calendars and other promotional items at times. A couple of Lodge members are artisan who share their experience with crafting Norwegian items such as jewellery and rosemaled artifacts.



**Sons of Norway Foundation in Canada** reviews scholarship applications, humanitarian requests and presents Pin Awards and Scholarships. Two members of Solglyt are the Secretary and the National Director of this Canadian Foundation.



Long-time member Bea Huser turning 100 Years!



Remembrance Day – Nov. 11<sup>th</sup>.

Two Solglyt members are lucky enough to have seating on the main floor where ‘Sons of Norway’ is announced.

Torskeklubben of Edmonton is a non-profit society that supports, assists and promotes education in Scandinavian languages and culture. <https://www.facebook.com/pg/Torskeklubben-of-Edmonton-319847651366153/about/>

**Torskeklubben Dinner** events with Solglyt members present is guaranteed. One of the actual rules of the Torskeklubben is: “Members must help and support the activities of the Sons of Norway”. **By way of explanation,** “...Torskeklubben is a non-profit society dedicated to supporting projects that celebrate Norwegian heritage. These projects include Ski for Light (cross-country skiing for the blind); the Trollhaugen Language Arts and Culture Camp; the Canadian Birkebeiner Ski Festival; the Valhalla Scandinavian Dancers; the Sons of Norway Foundation in Canada and funding towards the establishment of a Scandinavian Studies Chair at the University of Alberta. In 1994, casino funds were used to establish a bursary fund for Scandinavian Studies (students in Norwegian classes) at the University of Alberta.”



**Scandinavian Studies Association** supports the Scandinavian Studies Program at the University of Alberta, where for example, Beginner Norwegian is offered. As with other local organizations, the Board of Directors has several members from Solglyt serving on the Board, which would be true for more than 25 years. A recent undertaking facilitated by this Association was a Speaker’s Event with an audience of about 135 by Dr. Gordon Jensen who spoke on “The Reformation in the Nordic Countries”.



**CULTURAL WORKSHOPS:**



**Lompe for Syttende Mai**



**Rosemaled Birdhouses**



**Traditional Cookies**



**Easter Trees**



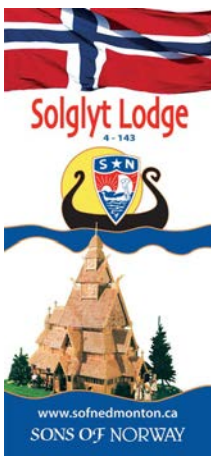
**Norsk** class held twice a month for those aspiring to speak and/or write and understand Norwegian. Shown above, the class is taking a break from classes to decorate the Christmas tree for other groups to enjoy and for our Children’s and Adults’ Christmas Parties.



Members are encouraged to share other interests, to provide the ‘Cultural / Entertainment component Of regular meetings.



**Lefsepalooza**



Replica of the banner we use at special functions, especially when the public is present, such as the Scandinavian Christmas Market, a big draw for the community.